

**Ambedkar University Delhi**

**Course Outline**

**Winter Semester ( January- May 2018)**

<b>School:</b>	Human Studies
<b>Programme with title:</b>	M.A. Psychology (Psychosocial Clinical Studies)
<b>Semester to which offered: (I/ III/ V)</b>	IV semester
<b>Course Title:</b>	Listening, Communicating and Relating
<b>Credits:</b>	2 Credits
<b>Course Code (new):</b>	
<b>Course Code (old):</b>	
<b>Type of Course:</b>	Compulsory    yes                      Cohort                      M.A. Psychology (the course is open to students from other disciplines too)

**For SUS only** (Mark an X for as many as appropriate):

1. Foundation (Compulsory)
2. Foundation (Elective)
3. Discipline (Compulsory)                      X
4. Discipline (Elective)                              X
5. Elective

**Course Coordinator and Team:** Honey Oberoi Vahali

**Email of course coordinator:** [honey@aud.ac.in](mailto:honey@aud.ac.in)

**Pre-requisites:**

**Aim: Listening Communicating and Relating-** in this we look at the analytic perspectives on listening- The students are taken through a journey in which a sensitivity to receive articulations from the unconscious is enabled. Across a century of analytic thought, we immerse ourselves into ways of listening to conscious and unconscious communication. The sphere of communication is explored as a complex inter-subjective realm. Listening to marginal and socio-politically oppressed lives serves as yet another fulcrum of the course. Possibilities of relatedness in human to human, human to animal and human to natural contexts are thought through. The honing in of empathy and self-reflexivity are crucial objectives that the course aspires towards

**Brief description of modules/ Main modules:**

1. On Analytic Listening: Forms, processes, foundations and perspectives
2. Self , Other and the realm of communication
3. Relatedness: Strivings, challenges and Struggles
4. Listening and relating to intra psychic and inter subjective experiences : Insights from lived life
5. Attending to and receiving oppressed and socio-politically oppressed and marginalized lives

**References:**

Akhtar, S (2014) Analytic Listening. New York: Karnac

Bollas, C. (2006) The Infinite Question. : London: Routledge

Schwaber, E (2010), Empathy: A Model of Analytic listening. Journal of Psychoanalytic Studies 32 (1) 264-278

Agostino, G.D. (2012) Analytic Listening as a holding Function of the Dissociated Parts of the Patient, Journal of Applied psychoanalysis 41(2) 321-342

Vahali, H.O. (2015) "Could I become human by engaging with your un(der)stated life?" Struggles from a psychoanalytical perspective on listening to the mentally ill poor patient and the homeless poor. Psychology and Developing Society 27 (2) 231-253.

**Tentative Assessment schedule with details of weightage:**

<b>S.No</b>	<b>Assessment</b>	<b>Date/period in which Assessment will take place</b>	<b>Weightage</b>
1	Class Participation and attendance	Ongoing	20%
2	Group Presentations	Mid March	40%
3	Diary of observations and/or insights followed by viva	May first week	40%