

School of Human Studies
Ambedkar University Delhi
Course Outline

Time Slot-_____

Course Code:

Title: Reading Freud: Relating with states of conflict in the Psyche

4 credits

Type of Course: Taught Compulsory

Cohort for which it is compulsory: MPhil Psychoanalytic Psychotherapy

Cohort for which it is elective:

No of Credits: 4

Semester and Year Offered: 2nd Semester (Winter Semester 2018)

Course Coordinator and Team: Prof Honey OberoiVahali and Dr ShaliniMasih

Email of course coordinator: honey@aud.ac.in

Pre-requisites:

Aim:

It is only too well known that Sigmund Freud's advents into the human psyche laid the foundations of psychoanalysis as a conceptual and therapeutic tradition. His work made it possible for future psychotherapists to think of psychological disturbances and their aetiology, the technique of clinical work and the method of psychoanalytic and psychotherapeutic research-reflective observation and self-reflexive introspection. His clinical case studies provide a foundational edifice to the future clinician to understand states of psychic conflict and to also grapple with the processes involved in the working through of emotional trauma and conflict.

Course Objective:

This 4 credit course comes along with a dual objective. (1) It will enable the student to familiarise herself with the method of clinical case study by reflecting on Freud's contributions to observational and reflective capacities, psyche and the forms of its articulations, the unconscious and its manifestations, processes of therapy and interpretative capacities. A focus on technique of psychoanalytic work will

accompany the discussion, even as students will read post Freudian interpretations of case material. (2) As most of Freud's case studies focus on "neurotic illnesses", this course will help the student to examine the roots of conflict in the psyche which lie at the core of hysteria, obsessive compulsive disorder, phobias and related states of disturbance.

Brief description of modules/ Main modules:

The course content will revolve around three- fold emphases (1) Students will read selected papers from Freud's corpus of "Papers on Techniques" written between 1904 and 1919. Of particular significance would be "Remembering, Repeating and Working Through" and "Observations on Transference Love", "On Beginning the treatment". (2) Out of Freud's well celebrated case histories, any three will be read in any intensive manner- "Fragment of an Analysis of a case of Hysteria" (1905), Analysis of a Phobia in a Five Year old Boy (1909), Notes upon a Case of Obsessional Neurosis (1909), Psychoanalytic Notes on an Autobiographical Account of a Case of Paranoia (1911), From the History of an Infantile Neurosis (1914). The case studies will serve as a model- a way of thinking about human life through the flow as well as the undulations of a narrative. They will also help to foreground the aetiology of neurotic illnesses. This will be the third angle of significance in the course. (3) By closely relating with the clinical material, students will delve into a nuanced reflection into the conflicts which lead to psychic distress.

Post Freudian reflections on Freud's reading of clinical case material will help students learn to look at psychic concerns and processes of therapy from an enriched perspective – be it from the angle of the Ego, the Object or the Self. The thoughts of radical thinkers from psychoanalysis and also from related disciplines would be instructive to examine the above listed concerns.

Assessment Details with weights:

1. Class Participation 20% Ongoing
2. Mid semester Written assessment 40%
3. End Semester group presentations 40%

Reading List:Readings:

1. Bion, W. R. (1957) "Differentiation of the Psychotic from the Non-Psychotic Personalities", *International Journal of Psycho-Analysis*, 38, parts 3-4; also in Bion, W. R. (1967) *Second Thoughts*, London: Heinemann (reprinted London: Karnac, 1984).
2. Blacker, K. H. and Abraham, R. (1982) "The Rat Man Revisited: Comments on Maternal Influences", *International Journal of Psychoanalysis and Psychotherapy*, 9:267-285.

3. Breuer, J. and Freud, S. (1893) "On the Psychical Mechanism of Hysterical Phenomena: Preliminary Communication", in Freud, S and Breuer, J. (1895d) *Studies on Hysteria, The Standard Edition of the Complete Psychological Works of Sigmund Freud*, vol. 2, London: Hogarth Press and The Institute of Psycho-Analysis.
4. E. (1948) *Papers on Psycho-Analysis*, London: Bailliere, Tindall and Cox (reprinted London: Karnac, 1977).
5. Etchegoyen, R. H. (1991) *The Fundamentals of Psychoanalytic Technique*, London and New York: Karnac.
6. Fairbairn, R. D. (1956) "Considerations Arising out of the Schreber Case", *British Journal of Medical Psychology*, 19: 113-127.
7. Ferenczi, S. (1928) "The Problem of the Termination of the Analysis", in Ferenczi, S., ed. M. Balint, trans. E. Mosbacher and other (1955) *Final Contributions to the Problems and Methods of Psycho-Analysis*, London: Hogarth Press and The Institute of Psycho-Analysis (reprinted London: Maresfield, 1980).
8. Freud, Sigmund (1896b) "Further Remarks on the Neuro-Psychoses of Defence", *G.W.* 1:379-403; *S.E.* 3: 157-185
9. Freud, Sigmund (1898b) "The Psychical Mechanism of Forgetfulness", *G.W.* 1:519-529; *S.E.* 3: 287-297.
10. Freud, Sigmund (1905e[1901]) "Fragment of an Analysis of a Case of Hysteria (Dora)", *G.W.* 5:163-286; *S.E.* 7:1-122.
11. Freud, Sigmund (1907a) Delusions and Dreams in Jensen's "Gradiva", *G.W.* 7:31-125; *S.E.* 9: 1-05.
12. Freud, Sigmund (1907b) "Obsessive Actions and Religious Practices", *G.W.* 7:129-139; *S.E.* 9: 115-127.
13. Freud, Sigmund (1909b) "Analysis of a Phobia in a Five-Year-Old Boy ('Little Hans')". *G.W.* 7:243-377; *S.E.* 10:1-147.
14. Freud, Sigmund (1909b) "Notes upon a Case of Obsessional Neurosis", *G.W.* 7:381-463; *S.E.* 10:151-249.
15. Freud, Sigmund (1911c) "Psycho-Analytic Notes on an Autobiographical Account of a Case of Paranoia (Dementia Paranoides)". *G.W.* 8:240-316; *S.E.* 12:1-79.
16. Freud, Sigmund (1911e) "The Handling of Dream-Interpretation in Psycho-Analysis", *G.W.* 8: 350-357; *S.E.* 12: 89-96.
17. Freud, Sigmund (1912b) "The Dynamics of Transference", *G.W.* 8:364-37, *S.E.* 12: 97-108.

18. Freud, Sigmund (1912e) "Recommendations to Physicians Practicing Psycho-Analysis", *G.W.* 8: 376-387; *S.E.* 12: 109-120.
 19. Freud, Sigmund (1913c) "On Beginning the Treatment", *G.W.* 8: 454-478; *S.E.* 12: 121-144.
 20. Freud, Sigmund (1913i) "The Disposition to Obsessional Neurosis", *G.W.* 8: 442-452; *S.E.* 12: 311-326.
 21. Freud, Sigmund (1914g) "Remembering Repeating and Working-Through", *G.W.* 10: 126-136; *S.E.* 12: 145-156.
 22. Freud, Sigmund (1915a[1914]) "Observations and Transference-Love", *G.W.* 10: 306-321; *S.E.* 12: 159-171.
 23. Freud, Sigmund (1918b[1914]) "From the History of an Infantile Neurosis (The "Wolf-Man")", *G.W.* 12: 29-157; *S.E.* 17: 1-122.
 24. Freud, Sigmund (1924e) "The Loss of Reality in Neurosis and Psychosis", *G.W.* 13: 363-368; *S.E.* 19: 181-187.
 25. Freud, Sigmund (1937c) "Analysis Terminable and Interminable", *G.W.* 16: 59-99; *S.E.* 23: 211-253.
 26. *Greenson, R. R. (1967) The Technique and Practice of Psychoanalysis, London: Hogarth Press.*
 27. *Grover, E. (1955) The Technique of Psycho-Analysis, New York: International Universities Press and London: Bailliere, Tindall & Cox.*
 28. *Racker, H. (1953) "A Contribution to the Problem of Counter-transference", International Journal of Psycho-Analysis, 34: 313-324.*
 29. *Schreber, D. (1903) Memoirs of my Nervous Illness, trans and ed. R. Macalpine and I. A. Hunter, London: Dawson & Sons (1955); Cambridge, MA: Harvard University Press (1988)*
 30. *Tous, J. M. (1996) "Hysteria one hundred years on", Panel report, International Journal of Psycho-Analysis, 77: 75-78.*
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